

## Short Speaker Bios

### **Professor Carmine Pariante**

Professor Carmine Pariante is professor of biological psychiatry at the Institute of Psychiatry at King's College, London. He has received numerous awards for his research, including the 2017 NARSAD Distinguished Investigator Award. He is also the current editor of the journal *Brain Behavior and Immunity*. His work focuses on depression and fatigue, with a particular interest in the perinatal period and in subjects with medical disorders. Moreover, he also uses experimental and cellular models. More recently, he has developed an interest in social prescribing and in using nutritional, meditative and art interventions to improve mental health.

### **Dr. Tinca Polderman**

Dr. Tinca Polderman is an associate professor affiliated with the Vrije Universiteit Amsterdam and the University Medical Center Amsterdam. Her research focuses on the genetic and environmental factors that play a role in mental disorders, particularly in children. She has co-authored more than 90 papers within these areas, including publications in journals such as *Nature Genetics* and *Psychological Medicine*.

### **Silvia Papalini, MSc**

Silvia Papalini, MSc, is currently a PhD-candidate researcher at the Laboratory of Biological Psychology of KU Leuven. Before this position, she completed her master's degree in Experimental Psychology at the Università degli Studi di Firenze and worked at the Donders Institute for Brain, Cognition and Behavior as a research assistant. Her area of research is human clinical and cognitive neuroscience, with a particular focus on anxiety and eating disorders.

### **Dr. Miquel Angel Fullana**

Dr. Miquel Angel Fullana is a senior researcher and a clinical psychologist at the Hospital Clínic de Barcelona. He was previously affiliated with the Department of Psychiatry, Autonomous University of Barcelona, and the Institute of Psychiatry, King's College London. His research interests include fear conditioning, fMRI, and obsessive-compulsive disorders. He has published more than 100 papers in journals such as *Molecular Psychiatry*, *American Journal of Psychiatry*, and *Psychological Medicine*.

### **Professor Floortje Scheepers**

Professor Floortje Scheepers is child psychiatrist and a full professor of innovation in mental healthcare at the University Medical Center Utrecht. She completed a PhD in 2005 on the effects of anti-psychotics on the brain of schizophrenia patients. Until 2010, she worked at the Radboud University Medical Center. In 2010, she returned to Utrecht and in 2017, she was promoted to full professor and became the head of the Department of Psychiatry of the Utrecht University Medical Center. She has contributed several popular articles and a book arguing that people are complex and difficult to fit into the categories and labels of psychiatry.